

ATMIYA GREEN SCHOOL

Affiliation No. 430460

"Sowing the Seeds of Success"



THE NEWS BULLETIN

ACADEMIC YEAR: 2023-24

Principal's Desk

INTERESTING FACTS ABOUT HAPPINESS

Dear All

We welcome you all through the first Youthesta for 2023-24 academic year. As we all know that happiness is only the key for peaceful and contented life. So, in the first article we are sharing with you all some interesting facts about happiness which are the research based findings.

- 1. Happiness is linked to lower heart rate and blood pressure, as well as healthier heart rate variability.
- 2. Happiness can also act as a barrier between you and germs happier people are less likely to get sick.
- 3. People who are happier enjoy greater protection against stress and release less of the stress hormone cortisol.
- 4. Happy people tend to experience fewer aches and pains, including dizziness, muscle strain, and heartburn.
- 5. Happiness acts as a protective factor against disease and disability (in general, of course).
- 6. Those who are happiest tend to live significantly longer than those who are not.
- 7. Happiness boosts our immune system, which can help us fight and fend off the common cold.
- 8. Happy people tend to make others happier as well, and vice versa those who do good, feel good!
- **9.** A portion of our happiness is determined by our genetics (but there's still plenty of room for attitude adjustments and happiness-boosting exercises!).
- 10. Smelling floral scents like roses can make us happier.
- 11. Those who are paid by the hour may be happier than those on salary (however, these findings are limited, so take them with a grain of salt!).
- 12. Relationships are much more conducive to a happy life than money.
- 13. Happier people tend to wear bright colors; it's not certain which way the relationship works, but it can't hurt to throw on some brighter hues once in a while—just in case!
- 14. Happiness can help people cope with arthritis and chronic pain better.
- **15.** Being outdoors especially near the water can make us happier.
- 16. Happiness is contagious! When we spend time around happy people, we're likely to get a boost of happiness as well.

Be happy and spread happiness.

Regards **Avantika Walia** Principal



In-house Teachers' Training Programme

Teaching Staff of AGS & AGNS

Learning is a life long process.

To enhance the skills of our faculties, the set of in-house teachers' training programmes were conducted from 29/03/2023 till 01/04/2023. **Managing Director Mr.Pravin Kachhadiya** sir with his motivation speech gave directions to the complete team for 2023-24 academic year.... **Principal Ms.Avantika Walia** took a session on **"Challenges in front of Educators."** Curriculum based training was conducted by trainer **Ms. Sherya Lalwani**, where she trained our teachers the frame of 21st Century Skills, stated in NEP 2020 and also productive use of digital platforms.





New Academic Session 2023-24 and Gift Distribution for Class I

Class I to X

It is rightly said that the School memories are the most cherished ones.

Class 1 marks the beginning of 14 years of a child's school life. So this first step should be firm and strong. To motivate our students, to make them understand the importance of education and ignite in them the passion for learning; the Management of the school welcomes them school bags on the **FIRST DAY OF SCHOOL.**



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APRIL



English Week – Declamation Speech

Class IV

Declamation speech competition was held for std VI students. Students were well prepared and we are glad to see them giving tough competition.





Eye Checkup Camp

Class I To X

In the month of April physical well being is the first area AGS is focussing on. Taking the first step in this direction, Eye checkup camp was organised in the campus.



Prize Distribution of 'Rangotsav Celebration' at International Level Class III to X

Every participation helps in gaining experience, knowledge, exposure and sometimes achievement. No Participant loses anything; each competition will be a win-win situation for all.Our students were qualified for International Rangotsav Competition for various categories



English Week – Debate Competition

Class VIII

English Week celebration consisted of **Debate Competition** for our std VII students. On the topic **'DIGITAL INDIA'** students expressed their views and then had a debate. Both teams gave a tough competition and were well prepared. Such competitions help in enhancing confidence and develop critical and analytical skills.



English Week – Competition

Class I to X

Expertization in any language needs a constant enhancement in all the major areas of Reading, Writing, Speaking and Listening. Marking the commencement of the **ENGLISH WEEK** in our school, various competitions were organised for various classes. Article writing, Singing English songs, Poem recitation, Declamation are some of them.





Class I to X

Special ENGLISH WEEK was celebrated in Atmiya Green School Bharuch. Assemblies were conducted in unique ways, with a lot of English Language skills development activities.







Prize Distribution of English Olympiad Silver Zone



Medals and certificates of English Olympiad Silver Zone were distributed. Congratulations





Health Checkup Camp

Class I to X

Healthy isn't a GOAL, it is a way of Living.

Insisting on physical wellness of our students, special Medical Camp was organised in the campus by ***Team RBSK Bharuch.***



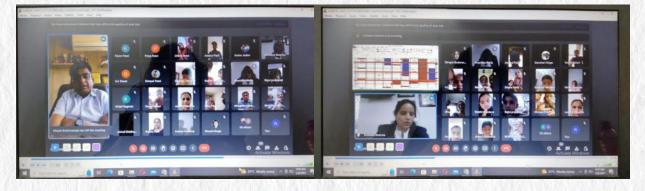




Induction and Orientation Programmes

Class II to X

Various Online Orientation programmes were conducted for parents, where they were explained about the pattern and system of the school.





Prize Distribution for Mathematics and Science Olympiad Silver Zone

Class I to X

Olympiad exams are a bridge for a student to take a step into the external world. Science and Maths Olympiad exams medals were distributed. Well done students for performing so well.









Healthy Eating Habits



Health is Wealth

Implanting the right habits from Childhood is very important. Special activity was conducted for std 2 students, where the importance of healthy eating and balanced diet was taught.





Eid Celebration

Class I to X

Religions and Cultures are the beauty of India. A special assembly was conducted to teach our students the importance of brotherhood and secularism.





Induction and Orientation



Inhouse special orientation programme was conducted for the parents of std I. As, std I is a very first step and parents need proper guidance and information about the syllabus, books division and other activities.





Earth Day

Class I to X

Go Green and Make our Earth a beautiful place to live. Earth Day celebration aimed at developing the outlook of balanced living in our students.





Earth Day Activity

Class III

Education is productive and fruitful when it is conceptual based. Plant world was introduced to std III students by ways of Nature Walks, Germination process and a lots of other Science activities. In school they not only learnt to sow the seeds for understand the process of Germination but also strong seeds to germinate Scientific aptitude were implanted by our Science teacher.









Class

Class

X

Sunny Summer Day was celebrated to make them understand the importance of seasons.





Nikhil Yadav of class 10 participated in the Astrospace camp 2023 held at Agsatya International Foundation kuppam, Andhra Pradesh held by Genex space. He participated in the Advanced level learning and building technologies a lot in the field of space science for 7 days.





Class I to X

Reading is to the mind what exercise is to the body. 1st PTM of academic year 2023-24 was arranged along with books exhibition to help out our students making them explore their reading habits.





APRI

Class I to X

Students maintaining 100% attendance in the month of April were given a special appreciation certificates. From this academic year special Scholarship to the students who will be having 100% attendance has been announced by our **Managing Director Mr. Pravin Kachhadiya**.



Welcoming Ceremony

Nursery

Every journey needs a first step...

Our Nursery Munchkins stepped their school journey from today where they were warm welcomed by tilak ceremony and encouraged to continue their journey enthusiastically through small gifts...





Orientation Programme

Playgroup to Sr. KG

We believe that a child should Play, Learn and Grow together.

With this agenda we had a successful Orientation Meet with our Kindergarten Parents discussing about how to develop students throughout the year....

Parents and teachers together can make them learn their values, discipline and education with new techniques.....





Health Checkup Camp

Playgroup to Sr. KG

"A fit body, a calm mind, a house full of love. These things cannot be bought – they must be earned." "Physical fitness is the first requisite of happiness." Health Checkup Camp was organised for KG toddlers.....





Sunny Summer Day

Playgroup to Sr. KG

Summer means happy times and good sunshine Making our students learn about seasons, SUNNY SUMMER DAY was celebrated..... Our students created various art work related to summer season.... Munchkins participated with full enthusiasm and enjoyed various activities with lots of fun.....





Colouring Competition

Nursery to Sr. KG

Colour is a power which directly influences the soul. Making our toddlers of Pre- Primary understand the importance of colours, **COLOURING COMPETITION** was arranged for them.













PTM and Books Exhibition

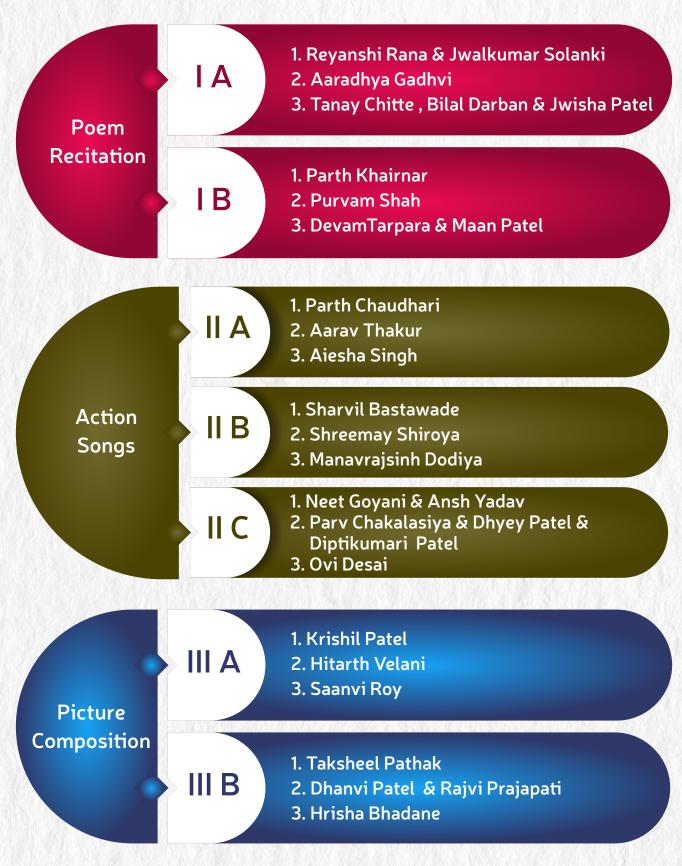
Playgroup to Sr. KG

1st PTM of academic year 2023-24 was arranged along with Books Exhibition

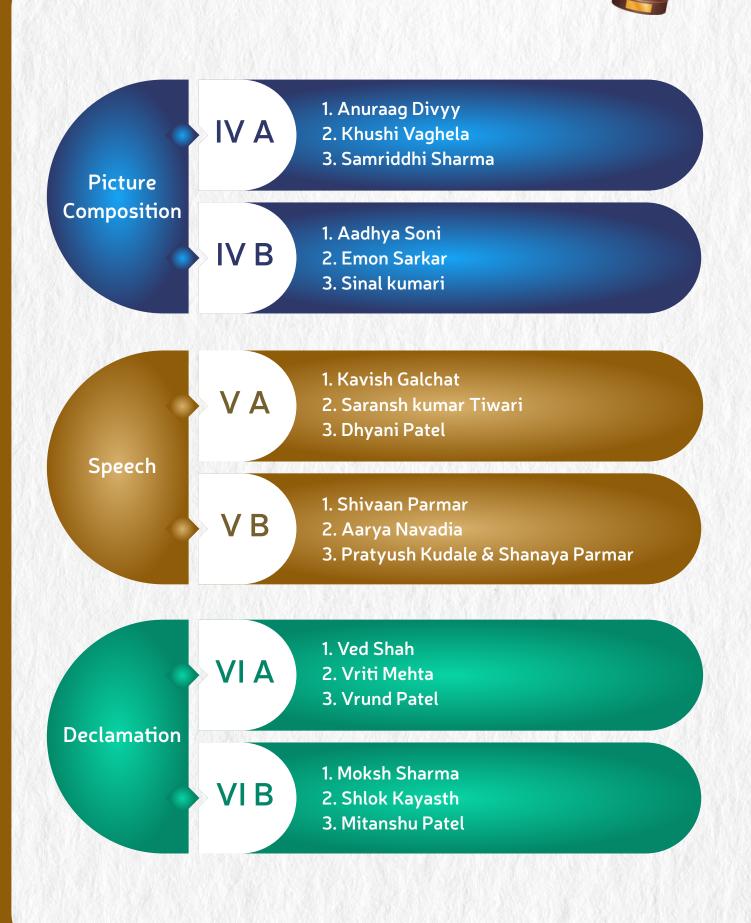




Winners of English Week



Winners of English Week



Winners of English Week





Winners of Colouring Competition







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